



Varrie Brookes has ten years experience working as a specialised teacher in early childhood education. She studied at Edith Cowan University of Western Australia gaining a Bachelor of Education (ECE).

After a fulfilling career in education she decided to further her knowledge and successfully completed a Masters of Occupational Therapy at Curtin University of Western Australia.

Varrie is currently working part-time as an occupational therapist at a special education school through the Department of Education. Whilst studying her Masters, she trained with Play Therapy Australia and completed a certificate in Child-Centred Play Therapy. She joined the team at 'The Institute of Play Therapy' to follow her passion of working with children and their families to overcome the difficulties which impact on their day-to-day living, either at home, school or social environments.

As a play therapist, Varrie's therapeutic approach when working with children is to build a rapport with them and their families, developing a warm and friendly relationship with an empathetic and child centred method to therapy.

She addresses a range of occupational issues including but not limited to anxiety, depression, low self-esteem, challenging behaviour, communication problems, abuse (emotional, physical, sexual), trauma, grief and loss (parental separation).